

**Para- Men and Women Records and Standards**  
As at 1<sup>st</sup> September 2018

<b>Classification</b>	<b>Grade</b>	<b>Event</b>	<b>NZ</b>	<b>Otago</b>	<b>Squad</b>
F34	Senior Women	Shot Put 3.00kg	7.84m	7.84m	7.45m
F34	Senior Women	Javelin 600g	14.36m	14.36m	13.64m
T35	SM	100m	14.22s (SM)	14.47s	15.19s
T35	M19+U	100m	14.22s (SM)	14.85s	15.59s
T35	SM	200m	29.47s (SM)	29.65s	31.13s
T35	M19+U	200m	29.47s (SM)	30.49s	32.01s
F36	Senior Men	Shot Put 4.00kg	8.36m	7.52m	7.14m
F36	SM/M19+U	Discus 1.00kg	24.33m	21.90m	20.81m
F36	Senior Men	Javelin 600g	24.76m	22.28	21.17m
F37	SW	Shot Put 3.00kg	9.00m	9.00m	8.55m
F37	W19+U	Shot Put 3.00kg	7.91m	7.01m	6.66m
F37	SW	Javelin 600g	22.48m	22.48m	21.36m
F37	W19+U	Javelin 600g	22.30m	22.30m	21.19m
F37	SW/W19+U	Discus 1.00kg	20.20m	19.70m	18.72m
T37	Senior Men	100m	11.97s	13.17s	13.83s
T37	Men 16+U	100m	14.05s	14.05s	14.75s
T37	Senior Men	200m	24.60s	27.06s	28.41s
T37	Men 19+U	200m	29.21s	29.21s	30.67s
T37	Men 16+U	200m	29.21s	29.21s	30.67s
T37	Senior Men	Long Jump	4.59m	4.59m	4.36m
T37	Men 19+U	Long Jump	4.27m	4.27m	4.06m
T37	Men 16+U	Long Jump	4.27m	4.27m	4.06m
F37	Men 16+U	Shot Put 5.00kg	5.32m	5.32m	5.05m
F64 (old 44)	Senior Men	Javelin 800g	55.80m	55.80m	53.01m
T46/47	SW	100m	12.86s	12.86s	13.50s
T46/47	W19+U	100m	12.88s	12.88s	13.52s
T46/47	SW	200m	26.58s	26.58s	27.91s
T46/47	W19+U	200m	26.73s	26.73s	28.07s
T46/47	SW/W19+U	400m	64.26s	64.26s	67.47s
T46	SW/W19+U	800m	2-52.08	3-09.29	3-18.75
T46	SW/W19+U	1500m	6-22.08	7-00.29	7-21.30
F46/47	SW/W19+U	Shot Put 4.00kg	10.84m	10.84m	10.30m
F46/47	Senior Women	Javelin 600g	43.32m	43.32m	
F46/47	W19+U	Javelin 600g	35.58m	35.58m	33.80m
F46/47	SW/W19+U	Discus 1.00kg	34.05m	34.05m	32.35m
T46/47	SW/W19+U	High Jump	1.08m	0.97m	0.92m
T46/47	SW/W19+U	Long Jump	5.62m	5.62m	5.34m
T46/47	SW/W19+U	Triple Jump	7.93m	7.14m	6.78m
F55	Senior Women	Shot Put 3.00kg	6.07m	6.07m	5.77m
F55	Senior Women	Javelin 600g	13.55m	13.55m	12.87m