



OTAGO CROSS COUNTRY CHAMPIONSHIPS

Saturday 21 July 2018

Waikouaiti Race Course, Waikouaiti

Organising Clubs: Leith and Civil Service

Meeting Manager: Greg Johnston

Race Information

IAAF Competition Rules 2018-19 in particular Chapter 5 Technical Rules and more particular Chapter 5 Section 1X Cross Country, Mountain and Trail Runs.

Club Uniforms to be worn.

1. Entry to the championship races is open to both registered and non-registered club members and non-club members, but only athletes registered with Athletics Otago via an affiliated Athletics Otago club will be eligible for the titles.
2. Separate results and team's races will be declared for each competitive grade.
3. Teams Races
 - i) In the Senior Men's Championship the first four Athletics Otago registered club runners to finish will count for the team's race.
 - ii) In all of the other grades the first three Athletics Otago registered club runners to finish will count for the teams' races. Except for the Masters Men 65+ where there will be no teams event. MM 65+ can be included in MM50+ teams but must enter and run the 8km course
4. **An Open 4000m cross country race** will be held over the 2km course. Entry is open to both registered and non-registered club members and non-club members.

Entry Details:

- **All entries and payment of entry fees is to be done online at www.athleticsotago.co.nz by individual athletes who want to run in this event.**
- **Entries close at 12.00 noon on Thursday 19 July. Entries are accepted for this event after this time on payment of a \$20 late fee.** Late entries accepted up to 30 minutes prior to the race start. Entries in the Boys and Girls Under 8 fun run are taken on the day and no entry fee payment is required.
- **Ages for all age groups** are taken as at 31 December 2018 except Masters ages that are taken as is on the day of the event.

Entry fees:

Athletes registered with Athletics New Zealand via clubs:	Under 13	\$0.00
	All other age groups	\$10.00
Athletes not registered with Athletics New Zealand via a club:	Under 13	\$10.00
	All age groups	\$20.00
	Late fee	\$20.00

Toilet and changing facilities will be available in the jockey changing rooms.

Presentations will be made at Waikouaiti Race Course as soon as possible after the last event. Medals for the first three in all Championship events will be awarded, plus certificates for the winning teams in each grade.

The Otago team for the NZ Cross Country Championships will be announced after the prize-giving.

Trophies: The following trophies are available to be awarded to Athletics Otago registered competitive runners:

W L Hooper Shield – Senior Men Winning Team

Fairmaid Challenge Trophy – Senior Men Individual Winner

Bradshaw Trophy – Senior Men individual best aggregate Edmond Cup & Otago Cross Country

McLachlan Cup – Senior Women Individual Winner

Jubilee Cup – Senior Women Winning Team

Allan Agnew Memorial Challenge Cup – Junior Men U20 Individual Winner

Taverner Challenge Cup – Men U20 Winning Team

Caversham Cup – Women U20 Individual Winner

Dion Latta Memorial Trophy – Men U18 Individual Winner

Presbyterian Trophy – Men U18 Winning Team

Hill City University Trophy – Women U18 Individual Winner

Civil Service Cup – Boys U15 Individual Winner

Leith Cup – Girls U15 Individual Winner

Ashton Family Trophy – Boys U13 Individual Winner

Ashton Family Trophy – Girls U13 Individual Winner

Joe Gough Memorial Trophy – Club gaining most points in teams' races over all grades. Points to be awarded as follows: Winning team 5 points; Second placed team 3 points; Third placed team 1 point.

Enquiries: Email: athleticsotago@xtra.co.nz

RACE PROGRAMME

Course will be run in an anticlockwise direction

BOYS & GIRLS UNDER 8 (non-championship; entry on day)	1.00pm	500m (¼ lap)
BOYS & GIRLS UNDER 11	1.00pm	2km (1 lap)
BOYS & GIRLS UNDER 13	1.00pm	2km (1 lap)
BOYS & GIRLS UNDER 15	1.00pm	3km (1 ½ laps)
YOUTH WOMEN U18	1.45pm	4km (2 laps)
OPEN 4KM (all ages)	1.45pm	4km (2 laps)
YOUTH MEN U18	1.45pm	6km (3 laps)
JUNIOR WOMEN U20	1.45pm	6km (3 laps)
MASTERS WOMEN 35-49	1.45pm	6km (3 laps)
MASTERS WOMEN 50+	1.45pm	6km (3 laps)
MASTERS MEN 65+	1.45pm	6km (3 laps)
JUNIOR MEN U20	1.45pm	8km (4 laps)
MASTERS MEN 35-49	1.45pm	8km (4 laps)
MASTERS MEN 50+	1.45pm	8km (4 laps)
SENIOR WOMEN	1.45pm	10km (5 laps)
SENIOR MEN	1.45pm	10km (5 laps)

